

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: October 2026

Meal Patterns	Monday 10/19/26	Tuesday 10/20/26	Wednesday 10/21/26 Toddler classes only	Thursday 10/22/26 Toddler classes only	Friday 10/23/26
Breakfast - Grains, or Meat/meat alternate (no more than 3 times per week) - Vegetables or Fruits - Fluid Milk - Other Foods (Bonus)	CP Pillsbury Blueberry Mini Waffle Peaches Milk/Soy/Lactaid*	HM Chilaquiles w/ Salsa Applesauce Milk/Soy/Lactaid*	WW English Muffins Bananas Milk/Soy/Lactaid Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Strawberries Milk/Soy/Lactaid*	No School
Lunch - Fluid Milk - Meat or meat alternate - Vegetables - Fruits/Veg - Grains - Other Foods (Bonus)	HM Chicken Posole Green Salad Orange Slices Milk/Soy/Lactaid* Ranch	HM Sloppy Joes w/ Lentils on WW Bun Steamed Green Beans Pears Milk/Soy/Lactaid*	HM Bean & Cheese Burrito on WW Tortilla Sliced Baked Banta's & Apples Milk/Soy/Lactaid* Ranch	Tyson Chicken Tenders Mixed veggies Apple Slices Milk/Soy/Lactaid*	
PM Snack, 6-hour class (Select two of these five components) - Fluid Milk - Meat or meat alternate - Vegetables - Fruits - Grains	HM Toasted Pita Wedges & Fruit dip Water	String Cheese HM WW Blueberry Muffin Water			

*Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

CP= Commercially Prepared: HM= Home Made: WW= Whole Wheat

Center: Sheridan MEC Praise Modular Lafayette Newberg