OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** November/December 2026

Meal Patterns	Monday 11/30/26	Tuesday 12/1/26	Wednesday 12/2/26	Thursday 12/3/26	Friday 12/4/26
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed berries Milk/Soy/Lactaid*	HM Orange Cranberry Quick Bread Bananas Milk/Soy/Lactaid*	HM Sweet Potato & Orange Muffins Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Peaches Milk/Soy/Lactaid*	**No Classes**
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	HM Turkey Pepperoni Pizza Steamed Zucchini & Carrots Apple Slices Milk/Soy/Lactaid*	HM Hamburger on ww/ Bun Green Salad Fresh Pineapple Slices Milk/Soy/Lactaid* Cheese/Mustard Ketchup/Ranch	Tyson Chicken Tenders Quick Baked Sweet Potatoes Fresh Pears Milk/Soy/Lactaid* Ranch	HM Bean Tostadas Green Salad Tropical Fruit Milk/Soy/Lactaid* Ranch/Salsa	
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	GM Rice Chex String Cheese Water	HM Black Bean Dip w/ Celery & Tostadas Water	Hard Boiled Egg Apple Slices Water	Mandarin Oranges String Cheese Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg