

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: November 2026

Meal Patterns	Monday 11/23/26	Tuesday 11/24/26	Wednesday 11/25/26	Thursday 11/26/26	Friday 11/27/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Rice Chex Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Strawberries Milk/Soy/Lactaid*	No Classes	HSYC Closed- No School- Thanksgiving Day	HSYC Closed
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	Tyson Chicken Tenders Steamed Corn & Peas Kiwi Milk/Soy/Lactaid*	HM Bean & Cheese Burrito on WW Tortilla Sliced Baked Banta's & Apples Milk/Soy/Lactaid* Ranch/Salsa			
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	String Cheese HM WW Blueberry Muffin Water	GM Kix Orange Slices Water			

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg