

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: November 2026

Meal Patterns	Monday 11/16/26	Tuesday 11/17/26	Wednesday 11/18/26	Thursday 11/19/26	Friday 11/20/26 Friday Class
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	CP Pillsbury Blueberry Mini Waffle Peaches Milk/Soy/Lactaid*	WW English Muffins Apricots Milk/Soy/Lactaid Whipped Cream Cheese	HM French Toast Mixed berries Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Strawberries Milk/Soy/Lactaid*	GM Rice Chex Bananas Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	HM Chicken Quesadilla Quick Baked Sweet Potatoes Apple Slices Milk/Soy/Lactaid* Ranch/Sour cream/ Salsa	HM Bean Tostadas Broccoli & Cauliflower Fresh Pineapple Milk/Soy/Lactaid* Salsa/ Ranch	HM Grilled Cheese on WW Roundtop bread Tomato Soup Apple Slices Milk/Soy/Lactaid* Ranch	HM Turkey Meatloaf w/ww bread Broccoli & Cauliflower Tropical fruit Milk/Soy/Lactaid* Ranch	BYO Turkey/Cheese Sandwich WW Roundtop Bread Green Salad Orange slices Milk/Soy/Lactaid* Mustard/Mayo/Ranch
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Hard Boiled Egg Orange Slices Water	GM Kix Bananas Water	HM Toasted Pita Wedges & Fruit dip Water	HM Apple Cinnamon WW Muffins String Cheese Water	String Cheese Hard Boiled Egg Water

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg