

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: November 2026

Meal Patterns	Monday 11/9/26	Tuesday 11/10/26	Wednesday 11/11/26	Thursday 11/12/26	Friday 11/13/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	HM Chilaquiles Fresh Strawberries & Blueberries Milk/Soy/Lactaid*	HM Whole Wheat Blueberry Muffins Applesauce Milk/Soy/Lactaid*	No School- Veteran's Day	GM Rice Chex Bananas Milk/Soy/Lactaid*	No class
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	HM Hamburger on WW Bun JoJo's (Potato Wedges) Peaches Milk/Soy/Lactaid* Cheese/Mustard Mayo/Ketchup	HM Crispy chicken Sandwich on WW bun Green Salad Mangos Milk/Soy/Lactaid* Ranch		WW HM Spaghetti w/ Lentils/Beef Baked Banta's & Apples Fresh Pineapple Milk/Soy/Lactaid*	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	String Cheese Orange Slices Water	Strawberries GM Kix Water		HM Whole Wheat Blueberry Muffins Applesauce Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg