

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: November 2026

Meal Patterns	Monday 11/2/26	Tuesday 11/3/26	Wednesday 11/4/26	Thursday 11/5/26	Friday 11/6/26
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	GM Kix Bananas Milk/Soy/Lactaid*	HM Breakfast Burrito w/ Egg Peaches Milk/Soy/Lactaid*	HM Pumpkin Bread Pineapple Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed berries Milk/Soy/Lactaid*	No Classes
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	HM Sloppy joes' w/ lentils on WW bun JoJo's (Potato Wedges) Watermelon slices Milk/Soy/Lactaid* Ranch, Ketchup	HM Turkey Pepperoni Pizza Green Salad Cantaloupe Slices Milk/Soy/Lactaid* Ranch	HM Bean & Cheese Burrito on WW Tortilla Steamed Green beans Tropical fruit Milk/Soy/Lactaid* Salsa, Sour cream	HM Chicken Pozole Green Salad Orange Slices Milk/Soy/Lactaid* Ranch	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	HM Orange Cranberry Quick Bread Pears Water	GM Rice Chex Apple Slices Water	HM Black Bean Dip w/ Tostada's Water	Hard Boiled Egg String Cheese Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.