OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** September 2026

Meal Patterns	Monday 9/14/26 Full Pre-K classes	Tuesday 9/15/26	Wednesday 9/16/26	Thursday 9/17/26	Friday 9/18/26
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	CP Pillsbury Blueberry Mini Waffle Peaches Milk/Soy/Lactaid*	WW English Muffins Applesauce Milk/Soy/Lactaid* Whipped Cream Cheese	HM Chilaquiles w/ Salsa Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Strawberries Milk/Soy/Lactaid*	GM Kix Bananas Milk/Soy/Lactaid*
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	HM Tuna Noodle Casserole Broccoli Sliced Watermelon Milk/Soy/Lactaid* Ranch, Sour Cream	HM Crispy Chicken Sandwich WW Bun Green Salad Orange Slices Milk/Soy/Lactaid* Ranch	HM Bean & Cheese Burrito on WW Tortilla Cucumbers/Carrots Apple Slices Milk/Soy/Lactaid* Ranch	HM Hamburger on WW Bun Sliced Jicama Sliced Watermelon Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Mayo	BYO Turkey/Cheese Sandwich WW Roundtop Bread Green Salad Sliced Honeydew Milk/Soy/Lactaid* Mustard/Mayo/Ranch
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	GM Rice Chex String Cheese Water	HM Pumpkin Bread Mixed berries Water	Mandarin Oranges Snap Peas w/ Ranch Water	GM Kix Apple Slices Water	String Cheese Mandarin Oranges Water

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.
CP= Commercially Prepared: HM= Home Made: WW= Whole Wheat

Center: Sheridan MEC Praise Modular Lafayette Newberg