OREGON CHILD AND ADULT CARE FOOD PROGRAM

# CACFP One Week Working Menu

**Sponsor Name/Site Name:** Head Start of Yamhill County **Month and year:** September 2026

| Meal Patterns | Monday 9/7/26 | Tuesday 9/8/26 | Wednesday 9/9/26 | Thursday 9/10/26 | Friday 9/11/26 |
|---|---|---|---|---|---|
| **Breakfast**<br>• Grains, or Meat/meat alternate (no more than 3 times per week)<br>• Vegetables or Fruits<br>• Fluid Milk<br>• Other Foods (Bonus) | **Labor Day- HSYC Closed** | Yoplait Reduced Sugar Vanilla Yogurt<br>Red Plate Cinnamon Granola<br>Mixed berries<br>Milk/Soy/Lactaid* | HM WW Blueberry Muffins<br>Applesauce<br>Milk/Soy/Lactaid* | HM Breakfast Burrito w/ Egg<br>Blueberries<br>Milk/Soy/Lactaid* | No School |
| **Lunch**<br>• Fluid Milk<br>• Meat or meat alternate<br>• Vegetables<br>• Fruits/Veg<br>• Grains<br>• Other Foods (Bonus) | | HM Turkey Pepperoni Pizza<br>Steamed Corn & Peas<br>Orange Slices<br>Milk/Soy/Lactaid* | HM Sloppy Joes w/lentils on WW bun<br>Green Salad<br>Peaches<br>Milk/Soy/Lactaid*<br>Ranch | HM WG Macaroni and Cheese W/ Chicken<br>Broccoli & Cauliflower<br>Sliced Apples<br>Milk/Soy/Lactaid | |
| **PM Snack, 6-hour class**<br>(Select two of these five components)<br>• Fluid Milk<br>• Meat or meat alternate<br>• Vegetables<br>• Fruits<br>• Grains | | GM Rice Chex<br>Pineapple<br>Water | Honey Maid Graham Cracker<br>Kiwi<br>Water | HM WW Sweet Potato & Orange Muffin<br>String Cheese<br>Water | |

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
**This institution is an equal opportunity provider.**
**All menu items are subject to change according to seasonality and availability.**
**All grain products are credited as whole grain rich.**
**CP= Commercially Prepared: HM= Home Made: WW= Whole Wheat**

Center: Sheridan MEC Praise Modular Lafayette Newberg