

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: August/September 2026

Meal Patterns	Monday 8/31/26 Pre-K classes Start	Tuesday 9/1/26	Wednesday 9/2/26	Thursday 9/3/26	Friday 9/4/26
Breakfast - Grains, or Meat/meat alternate (no more than 3 times per week) - Vegetables or Fruits - Fluid Milk - Other Foods (Bonus)	GM Kix Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed berries Milk/Soy/Lactaid*	HM WW Blueberry Muffins Applesauce Milk/Soy/Lactaid*	HM Breakfast Burrito w/ Egg Blueberries Milk/Soy/Lactaid*	No School
Lunch - Fluid Milk - Meat or meat alternate - Vegetables - Fruits/Veg - Grains - Other Foods (Bonus)	HM Bean & Cheese Burrito on WW Tortilla Green Salad Tropical fruit Milk/Soy/Lactaid* Ranch	HM Turkey Pepperoni Pizza Steamed Corn & Peas Orange Slices Milk/Soy/Lactaid*	HM Sloppy Joes w/lentils on WW bun Green Salad Peaches Milk/Soy/Lactaid* Ranch	HM WG Macaroni and Cheese W/ Chicken Broccoli & Cauliflower Sliced Apples Milk/Soy/Lactaid	
PM Snack, 6-hour class (Select two of these five components) - Fluid Milk - Meat or meat alternate - Vegetables - Fruits - Grains	Apple slices String Cheese Water	GM Rice Chex Pineapple Water	Honey Maid Graham Cracker Kiwi Water	HM WW Sweet Potato & Orange Muffin String Cheese Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

CP= Commercially Prepared: HM= Home Made: WW= Whole Wheat

Center: Sheridan MEC Praise Modular Lafayette Newberg