

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: July 2026

Meal Patterns	Monday 7/27/26	Tuesday 7/28/26	Wednesday 7/29/26	Thursday 7/30/26 Only Toddler Classes	Friday 7/31/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	CP Pillsbury Blueberry Mini Waffle Peaches Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Strawberries Milk/Soy/Lactaid*	GM Rice Chex Bananas Milk/Soy/Lactaid*	HM Apple Cinnamon WW Muffins Mixed Berries Milk/Soy/Lactaid*	No School
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	WW HM Spaghetti w/ Lentils/Beef Green Salad Apple Slices Milk/Soy/Lactaid* Ranch	HM Crispy Chicken Wrap Ranch Steamed green beans Honeydew Milk/Soy/Lactaid*	HM Bean Tostadas Green Salad Orange Slices Milk/Soy/Lactaid* Salsa, Lettuce, Cheese, Tomato, Ranch	HM Hamburger on WW Bun Mixed Veggies Watermelon Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Mayo/Ketchup	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	Orange Slices String Cheese Water	GM Rice Chex String Cheese Water	Honey Maid Graham Crackers Apple Slices Water		

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg