OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** July 2026

Meal Patterns	Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	GM Rice Chex Peaches Milk/Soy/Lactaid*	WW Bagels Bananas Milk/Soy/Lactaid* Whipped Cream Cheese	Whole Wheat Blueberry Muffins Applesauce Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed berries Milk/Soy/Lactaid*	No School
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	HM Bean & Cheese Burrito on WW Tortilla Green Salad Apple Slices Milk/Soy/Lactaid* Ranch	HM Chicken Salad w/ WG Tostada Shell Snap Peas Mandarin Oranges Milk/Soy/Lactaid* Ranch	BYO Turkey/Cheese Sandwich WW Roundtop Bread Carrots & Snap Peas Orange Slices Milk/Soy/Lactaid* Mustard/Mayo	HM Crispy Chicken Wrap Ranch Steamed Veggies Watermelon Milk/Soy/Lactaid*	
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	String Cheese Mandarin Oranges Water	GM Kix Strawberries Water	Toasted Pita Wedges and Fruit Dip Water	GM Rice Chex Apple Slices Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg