

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: July 2026

Meal Patterns	Monday 7/13/26	Tuesday 7/14/26	Wednesday 7/15/26	Thursday 7/16/26	Friday 7/17/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Kix Bananas Milk/Soy/Lactaid*	WW English Muffin Mixed berries Milk/Soy/Lactaid* Whipped Cream Cheese	GM Corn Flakes Bananas Milk/Soy/Lactaid*	HM Sweet Potato & Orange Muffins Applesauce Milk/Soy/Lactaid*	No School
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	HM Hamburger on WW Bun HM Popeyes Spinach Salad Watermelon Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Mayo/Ketchup	BYO Turkey/Cheese Sandwich WW Roundtop Bread Steamed Green Beans Orange Slices Milk/Soy/Lactaid* Mustard/Mayo	HM Bean Tostadas Green Salad Mandarin Oranges Milk/Soy/Lactaid* Salsa, Lettuce, Cheese, Tomato, Ranch	WW HM Spaghetti w/ Lentils/Beef Sliced Jicama Pears Milk/Soy/Lactaid* Ranch	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	Toasted Pita Wedges & Fruit dip Water	Honey Maid Graham Crackers Peaches Water	String Cheese GM Rice Chex Water	String Cheese Watermelon Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg