OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** July 2026

Meal Patterns	Monday 7/6/26	Tuesday 7/7/26	Wednesday 7/8/26	Thursday 7/9/26	Friday 7/10/26
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	CP Pillsbury Blueberry Mini Waffle Peaches Milk/Soy/Lactaid*	WW Toast Applesauce Milk/Soy/Lactaid* Whipped Cream Cheese	GM WG Rice Chex Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Strawberries Milk/Soy/Lactaid*	No Classes
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	HM Chicken Salad w/ WG Tostada Shell Sliced Cucumbers/Carrots Apple Slices Milk/Soy/Lactaid* Ranch	Turkey Pepperoni Pizza Green Salad Orange Slices Milk/Soy/Lactaid* Ranch	HM Bean & Cheese Burrito on WW Tortilla Sliced Cucumbers/Carrots Watermelon Milk/Soy/Lactaid* Ranch	BYO Turkey/Cheese Sandwich WW Roundtop Bread Mixed veggies Honeydew Milk/Soy/Lactaid* Mustard/Mayo	
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Honey Maid Graham Crackers String Cheese Water	String Cheese Mixed berries Water	Mandarin Oranges Honey Maid Graham Crackers Water	GM Kix Apple Slices Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg