

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: May 2026

Meal Patterns	Monday 5/25/26 No Programs Memorial Day	Tuesday 5/26/26	Wednesday 5/27/26	Thursday 5/28/26	Friday 5/29/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	No School	CP Pillsbury Blueberry Mini Waffle Peaches Milk/Soy/Lactaid*	WW Bagel Applesauce Milk/Soy/Lactaid* Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	GM Rice Chex Bananas Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 		Hamburger on WW Bun Green Salad Orange Slices Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Mayo	HM Bean Tostadas Lettuce, Cheese, Tomato Sliced Jicama Strawberries Milk/Soy/Lactaid* Ranch	WW HM Spaghetti w/ Lentils/Beef Green Salad Pineapple Milk/Soy/Lactaid* Ranch	BYO Turkey/Cheese Sandwich WW Bread Sliced Cucumber Tropical Fruit Milk/Soy/Lactaid* Mustard/Mayo/Ranch
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 		Honey Maid Graham Crackers String Cheese Water	GM Kix String Cheese Water	Honey Maid Graham Crackers Cucumbers w/ Ranch Water	String Cheese Mandarin Oranges Water

*Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

HM = "Home Made" ; WW = Whole Wheat



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Center: Sheridan MEC Praise Modular Lafayette Newberg