

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: June 2026

Meal Patterns	Monday 6/1/26	Tuesday 6/2/26	Wednesday 6/3/26	Thursday 6/4/26	Friday 6/5/26
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	GM WG Cheerios Pears Milk/Soy/Lactaid*	WW Toasted English Muffin Applesauce Milk/Soy/Lactaid* Whipped Cream Cheese	CP Pillsbury Blueberry Mini Waffle Strawberries Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Peaches Milk/Soy/Lactaid*	No Classes
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	HM Chicken Salad w/ WG Tostada Shell Snap Peas Mandarin Oranges Milk/Soy/Lactaid* Ranch Small Bowls: Shredded Cheese, Lettuce, Tomato	Turkey Pepperoni Pizza Green Salad Strawberries Milk/Soy/Lactaid* Ranch	BYO Turkey/Cheese Sandwich WW Roundtop Bread Sliced Jicama Orange Slices Milk/Soy/Lactaid* Mustard/Mayo	HM Bean & Cheese Burrito on WW Tortilla Green Salad Apple Slices Milk/Soy/Lactaid* Ranch	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Goldfish Pretzel Whole Grain Sliced Jicama Water	String Cheese Orange Slices Water	GM Kix Apple Slices Water	Honey Maid Graham Crackers String Cheese Water	

*Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

HM = "Home Made" ; WW = Whole Wheat CP= Commercially Prepared

Center: Sheridan MEC Praise Modular Lafayette Newberg