

# CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: April 2026

Meal Patterns	Monday 4/6/26	Tuesday 4/7/26	Wednesday 4/8/26	Thursday 4/9/26	Friday 4/10/26
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods (Bonus)</li> </ul>	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Blueberries Milk/Soy/Lactaid*	GM WG Cheerios Bananas Milk/Soy/Lactaid*	Oatmeal Mixed Berries Milk/Soy/Lactaid*	GM Kix Integrales Platanos Milk/Soy/Lactaid*	<b>No Class</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> <li>• Other Foods (Bonus)</li> </ul>	Crispy Chicken Wrap on WW Tortilla w/ Shredded Cheese Snap Peas Tropical Fruit Milk/Soy/Lactaid* Ranch, Lettuce, Tomato	HM Turkey Pepperoni Pizza Carrots Apple Slices Milk/Soy/Lactaid* Ranch	HM WG Mac & Cheese WW toast Steamed Peas Orange Slices Milk/Soy/Lactaid*	HM Chicken Pozole WW toast Carrots Pineapple Milk/Soy/Lactaid* Cabbage, radish, lime	
<b>PM Snack, 6-hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	Honey Maid Graham Crackers Strawberries Water	String Cheese Orange Slices Water	GM WG Rice Chex Apple Slices Water	Whole Grain Goldfish Broccoli w/ Ranch Water	

\*Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.