

# CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: April / May 2026

Meal Patterns	Monday 4/27/26	Tuesday 4/28/26	Wednesday 4/29/26	Thursday 4/30/26	Friday 5/1/26
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods (Bonus)</li> </ul>	GM Kix Pears Milk/Soy/Lactaid*	WW Toast w/ butter Scrambled Eggs Bananas Milk/Soy/Lactaid*	WW Bagel Strawberries Milk/Soy/Lactaid* Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	<b>No Classes</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> <li>• Other Foods (Bonus)</li> </ul>	BYO Turkey/Cheese Sandwich WW Bread Mixed Veggies Apple Slices Milk/Soy/Lactaid* Mustard/ Mayo	HM Beef & Cheese Burrito (WG Tortilla) Green Salad Strawberries Milk/Soy/Lactaid* Ranch	Hamburger on WW Bun HM Roasted Brussel Sprouts Mandarin Oranges Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Mayo/ Ketchup	Crispy Chicken Sandwich on WW Bun HM JoJos (Potato Wedges) Orange Slices Milk/Soy/Lactaid* Ranch	
<b>PM Snack, 6-hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>• Grains</li> </ul>	String Cheese Mandarin Oranges Water	Whole Grain Goldfish Orange Slices Water	Apple Slices String Cheese Water	Honey Maid Graham Crackers Bananas Water	

**\*Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**  
**This institution is an equal opportunity provider.**  
**All menu items are subject to change according to seasonality and availability.**  
**All grain products are credited as whole grain rich.**  
**HM = "Home Made" ; WW = Whole Wheat**