

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: April / May 2026

Meal Patterns	Monday 4/27/26	Tuesday 4/28/26	Wednesday 4/29/26	Thursday 4/30/26	Friday 5/1/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Kix Pears Milk/Soy/Lactaid*	GM WG Rice Chex Bananas Milk/Soy/Lactaid*	WW Bagel Strawberries Milk/Soy/Lactaid* Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	No Classes
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	BYO Turkey/Cheese Sandwich WW Bread Mixed Veggies Apple Slices Milk/Soy/Lactaid* Mustard/ Mayo	HM Beef & Cheese Burrito (WG Tortilla) Green Salad Strawberries Milk/Soy/Lactaid* Ranch	Hamburger on WW Bun HM Roasted Brussel Sprouts Mandarin Oranges Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Mayo/ Ketchup	Crispy Chicken Sandwich on WW Bun HM JoJos (Potato Wedges) Orange Slices Milk/Soy/Lactaid* Ranch	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	String Cheese Mandarin Oranges Water	Whole Grain Goldfish Orange Slices Water	Apple Slices String Cheese Water	Honey Maid Graham Crackers Bananas Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

HM = "Home Made" ; WW = Whole Wheat