

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: April 2026

Meal Patterns	Monday 4/13/26	Tuesday 4/14/26	Wednesday 4/15/26	Thursday 4/16/26	Friday 4/17/26 Friday Class
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	WG GM Cheerios Pears Milk/Soy/Lactaid*	WW English Muffin Strawberries Scrambled Eggs Milk/Soy/Lactaid*	Oatmeal Mixed Berries Milk/Soy/Lactaid*	GM Corn Flakes Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Peaches Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	HM Hamburger on WW Bun Carrots Apple Slices Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Ketchup	HM Bean Tostadas Lettuce, Cheese, Tomato Snap Peas Mandarin Oranges Milk/Soy/Lactaid* Salsa	HM WW Spaghetti w/ Lentils/Beef Green Salad Peaches Milk/Soy/Lactaid* Ranch	HM Crispy Chicken Wrap WW Tortilla w/ Shredded Cheese Popeyes Spinach Salad Apple Slices Milk/Soy/Lactaid*	BYO Turkey/Cheese Sandwich WW Bread Snap Peas Mandarin Oranges Milk/Soy/Lactaid* Ranch
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Whole Grain Goldfish Orange Slices Water	String Cheese Carrots w/ Ranch Water	GM WG Rice Chex Carrots w/ Ranch Water	String Cheese Snap Peas w/ Ranch Water	String Cheese Honey Maid Graham Crackers Water

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference. This institution is an equal opportunity provider. All menu items are subject to change according to seasonality and availability. All grain products are credited as whole grain rich. HM = "Home Made"; WW = Whole Wheat; WG = Whole Grain; GM = General Mills**

Center: Sheridan MEC Praise Modular Lafayette Newberg