

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: March/April 2026

Meal Patterns	Monday 3/30/26	Tuesday 3/31/26	Wednesday 4/1/26	Thursday 4/2/26	Friday 4/3/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Kix Pears Milk/Soy/Lactaid*	WW Round Top Toast Scrambled Eggs Bananas Milk/Soy/Lactaid*	WW Bagel Strawberries Milk/Soy/Lactaid* Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	No School
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	Teriyaki Chicken & Fried Rice Stir Fry Vegetables (Onion, peas & carrots) Apple Slices Milk/Soy/Lactaid* Mustard/Ketchup	Beef & Cheese Burrito (WG Tortilla) Carrots Strawberries Milk/Soy/Lactaid* Ranch	Hamburger on WW Bun Roasted Brussel Sprouts Tropical Fruit Milk/Soy/Lactaid* Cheese/Lettuce/Tomao Mustard/Ketchup	WW Spaghetti w/ Lentils/Beef Green Salad Pineapple Milk/Soy/Lactaid* Ranch	
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	String Cheese Mandarin Oranges Water	Whole Grain Goldfish Orange Slices Water	String Cheese Honey Maid Graham Crackers Water	GM Kix Apple slices Water	

*Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg