OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** March/April 2026

Meal Patterns	Monday 3/30/26	Tuesday 3/31/26	Wednesday 4/1/26	Thursday 4/2/26	Friday 4/3/26
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	GM Kix Pears Milk/Soy/Lactaid*	Oatmeal Bananas Milk/Soy/Lactaid*	WW Bagel Strawberries Milk/Soy/Lactaid* Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	**No School**
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	BYO Turkey/Cheese Sandwich WW Bread Carrots & Cauliflower Apple Slices Milk/Soy/Lactaid* Mustard/Ketchup	Beef & Cheese Burrito (WG Tortilla) Carrots Strawberries Milk/Soy/Lactaid* Ranch	Hamburger on WW Bun Roasted Brussel Sprouts Tropical Fruit Milk/Soy/Lactaid* Cheese/Lettuce/Tomao Mustard/Ketchup	WW Spaghetti w/ Lentils/Beef Green Salad Pineapple Milk/Soy/Lactaid* Ranch	
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	String Cheese Mandarin Oranges Water	Whole Grain Goldfish Orange Slices Water	String Cheese Honey Maid Graham Crackers Water	GM Kix Apple slices Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg