OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** March 2026

Meal Patterns	Monday 3/9/26	Tuesday 3/10/26	Wednesday 3/11/26	Thursday 3/12/26	Friday 3/13/26 N2 & M4 Only
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	WG Cheerios Mandarins Milk/Soy/Lactaid*	Pillsbury Blueberry Mini Waffles Strawberries Milk/Soy/Lactaid*	Oatmeal Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	GM Rice Chex Bananas Milk/Soy/Lactaid*
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	BYO Turkey/Cheese Wrap WW Tortilla Lettuce, Tomato Baby Carrots Sliced Honeydew Milk/Soy/Lactaid* Ranch/Mustard/Mayo	Bean Tostadas Lettuce, Cheese, Tomato Carrots & Broccoli Peaches Milk/Soy/Lactaid* Salsa	WW Spaghetti w/ Lentils/Beef Roasted Green Beans Apple Slices Milk/Soy/Lactaid* Ranch/Ketchup	WW Chicken Tenders JoJos (Potato Wedges) Watermelon Milk/Soy/Lactaid* Ranch	BYO Turkey/Cheese Wrap WW Tortilla Lettuce, Tomato Snap Peas Orange Slices Milk/Soy/Lactaid* Ranch/Mustard/Mayo
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	String Cheese Snap Peas w/ Ranch Water	Honey Maid Graham Crackers Orange Slices Water	Goldfish Pretzel Whole Grain Broccoli w/ Ranch Water	String Cheese Snap Peas w/ Ranch Water	String Cheese Honey Maid Graham Crackers Water

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg