OREGON CHILD AND ADULT CARE FOOD PROGRAM

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County **Month and year:** March 2026

Meal Patterns	Monday 3/2/26	Tuesday 3/3/26	Wednesday 3/4/26	Thursday 3/5/26	Friday 3/6/26
Breakfast • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	GM Cheerios Orange Slices Milk/Soy/Lactaid	WW Bagel Pears Milk/Soy/Lactaid* Whipped Cream Cheese	Oatmeal Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Blueberries Milk/Soy/Lactaid	**No School**
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus)	BYO Turkey/Cheese Sandwich WW Roundtop Bread Carrots & Cauliflower Watermelon Milk/Soy/Lactaid* Mustard/Mayo	Turkey Pepperoni Pizza Carrots & Broccoli Apple Slices Milk/Soy/Lactaid* Ranch	Hamburger WW Bun Mixed Veggies Tropical Fruit Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Mustard/Mayo/ketchup	Crispy Chicken Sandwich on WW Bun Pears Broccoli & Cauliflower Milk/Soy/Lactaid*	
PM Snack, 6-hour class (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Honey Maid Graham Crackers Apple Slices Water	Mandarin Oranges String Cheese Water	Whole Grain Goldfish Orange Slices Water	String Cheese GM Rice Chex Water	

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg