

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month and year: March 2026

Meal Patterns	Monday 3/16/26	Tuesday 3/17/26	Wednesday 3/18/26	Thursday 3/19/26	Friday 3/20/26 Friday Class
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Corn Chex Plums Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*	Pillsbury Blueberry Mini Waffle Bananas Milk/Soy/Lactaid*	Oatmeal Blueberries Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Red Plate Cinnamon Granola Mixed Berries Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods (Bonus) 	Hamburger on WW Bun Baby Carrots Tropical Fruit Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Ketchup	Crispy Chicken Sandwich on WW Bun Broccoli Apple Slices Milk/Soy/Lactaid* Lettuce/Tomato Ranch	BBQ Chicken Slider WW Bun Broccoli Orange Slices Milk/Soy/Lactaid* Lettuce/Tomato Ranch	Chicken Pozole Tostada Shells Steamed Peas Plums Milk/Soy/Lactaid*	BYO Turkey/Cheese Sandwich WW Bread Mixed Veggies Watermelon Milk/Soy/Lactaid*
PM Snack, 6-hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	String Cheese Mandarin Oranges Water	GM Kix Bananas Water	GM Chex Cereal String Cheese Water	Whole Grain Goldfish Apple Slices Water	String Cheese Mandarin Oranges Water

***Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**
This institution is an equal opportunity provider.
All menu items are subject to change according to seasonality and availability.
All grain products are credited as whole grain rich.