

# CACFP One Week Working Menu

**Sponsor Name/Site Name** Head Start of Yamhill County **Month and Year** January 2026

Meal Patterns	Monday 1/5/26	Tuesday 1/6/26	Wednesday 1/7/26	Thursday 1/8/26	Friday 1/9/26
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods (Bonus)</li> </ul>	GM Kix Peaches Milk/Soy/Lactaid*	GM Cheerios Bananas Milk/Soy/Lactaid*	Yoplait Reduced sugar Vanilla Yogurt Blueberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Kix Bananas Milk/Soy/Lactaid*	<b>No Classes</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods (Bonus)</li> </ul>	Hamburgers on WW Buns Watermelon Broccoli & Cauliflower Milk/Soy/Lactaid* Ranch, Mustard, Ketchup	BOY Turkey Sandwich on WW Roundtop bread Green salad Honey Dew Milk/Soy/Lactaid* Ranch	Grilled Cheese Sandwich on WW Roundtop bread Tomato Soup Apple Slices Milk/Soy/Lactaid* Mustard/ Mayo/ Ranch	WW Chicken Tenders JoJos (Potato Wedges) Orange Slices WW Bread Milk/Soy/Lactaid* Ranch	
<b>PM Snack- 6 hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Honey Maid Graham Crackers Apple Slices Water	Mandarin Oranges String Cheese Water	GM Rice Chex Strawberries Water	Whole Grain Goldfish String Cheese Water	

**Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**  
**This institution is an equal opportunity provider.**  
**All menu items are subject to change according to seasonality and availability.**  
**All grain products are credited as whole grain rich.**

Center:      Sheridan              MEC              Praise              Modular              Lafayette              Newberg