

CACFP One Week Working Menu

Sponsor Name/Site Name Head Start of Yamhill County Month and Year January 2026

Meal Patterns	Monday 1/5/26	Tuesday 1/6/26	Wednesday 1/7/26	Thursday 1/8/26	Friday 1/9/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Kix Peaches Milk/Soy/Lactaid*	GM Cheerios Bananas Milk/Soy/Lactaid*	Yoplait Reduced sugar Vanilla Yogurt Blueberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Kix Bananas Milk/Soy/Lactaid*	No Classes
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)	Hamburgers on WW Buns Watermelon Broccoli & Cauliflower Milk/Soy/Lactaid* Ranch, Mustard, Ketchup	BOY Turkey Sandwich on WW Roundtop bread Green salad Honey Dew Milk/Soy/Lactaid* Ranch	Grilled Cheese Sandwich on WW Roundtop bread Tomato Soup Apple Slices Milk/Soy/Lactaid* Mustard/ Mayo/ Ranch	WW Chicken Tenders JoJos (Potato Wedges) Orange Slices WW Bread Milk/Soy/Lactaid* Ranch	
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits Grains	Honey Maid Graham Crackers Apple Slices Water	Mandarin Oranges String Cheese Water	GM Rice Chex Strawberries Water	Whole Grain Goldfish String Cheese Water	

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

Center: Sheridan

MEC

Praise

Modular

Lafayette

Newberg