

# CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month & Year: January 2026

Meal Patterns	Monday 1/26/26 <b>Toddler classes only</b>	Tuesday 1/27/26 <b>Toddler classes only</b>	Wednesday 1/28/26	Thursday 1/29/26	Friday 1/30/26
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods (Bonus)</li> </ul>	Oatmeal Blueberries Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Strawberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Corn Flakes Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Mixed berries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	<b>No School</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> </ul> Other Foods (Bonus)	WW Spaghetti w/Lentils/beef Apple Slices Broccoli & Carrots Milk/Soy/Lactaid* Ranch	Grilled Cheese Sandwich on WW Roundtop bread Tomato Soup Peaches Milk/Soy/Lactaid*	Sloppy Joes on WW Bun Lentil-Beef Green Salad Watermelon Milk/Soy/Lactaid* Ranch	Teriyaki Chicken & Fried Rice Stir Fry Vegetables (Onion, peas & carrots) Orange Slices Milk/Soy/Lactaid*	
<b>PM Snack- 6 hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> </ul> Grains			Whole Grain Goldfish Broccoli w/ Ranch Water	String Cheese Honey Maid Graham Crackers Water	

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich

Center: Sheridan

MEC

Praise

Modular

Lafayette

Newberg