

# CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month & Year: January 2026

Meal Patterns	Monday 1/19/26	Tuesday 1/20/26	Wednesday 1/21/26	Thursday 1/22/26	Friday 1/23/26
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods (Bonus)</li> </ul>	<b>No School</b>	Yoplait Reduced Sugar Vanilla Yogurt Strawberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Corn Flakes Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Mixed berries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	<b>No School</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> </ul> Other Foods (Bonus)		Beef & Cheese burritos w/WW Don Poncho Tortilla Mixed Veggies Peaches Milk/Soy/Lactaid*	Sloppy Joes on WW Bun Lentil-Beef Watermelon Broccoli & Carrots Milk/Soy/Lactaid*	WW Chicken Tenders Vegetable Capri Blend Orange Slices WW Roundtop bread Milk/Soy/Lactaid*	
<b>PM Snack- 6 hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>Grains</li> </ul>		Goldfish Pretzel whole Grain Orange Slices Water	Whole Grain Goldfish Mandarin Oranges Water	String Cheese Honey Maid Graham Crackers Water	

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich

Center: Sheridan

MEC

Praise

Modular

Lafayette

Newberg