

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month & Year: February 2026

Meal Patterns	Monday 2/16/26	Tuesday 2/17/26	Wednesday 2/18/26	Thursday 2/19/26	Friday 2/20/26
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	No School- Holiday	Yoplait Reduced Sugar Vanilla Yogurt Strawberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Corn Flakes Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Mixed berries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Rice Chex Pears Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)		Beef & Cheese Burritos w/WW Don Poncho Tortilla Mixed Veggies Peaches Milk/Soy/Lactaid*	Sloppy Joes on WW Bun w/ Lentil-Beef Watermelon Broccoli & Carrots Milk/Soy/Lactaid*	WW Chicken Tenders Vegetable Capri Blend Orange Slices WW Roundtop bread Milk/Soy/Lactaid*	BYO Turkey/Cheese Sandwich on WW Roundtop bread Mandarin Oranges Green Salad Milk/Soy/Lactaid* Ranch, Mustard, Mayo
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits Grains 		Goldfish Pretzel whole Grain Orange Slices Water	Whole Grain Goldfish String Cheese Water	String Cheese Honey Maid Graham Crackers Water	GM Kix String Cheese Water

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich

Center: Sheridan

MEC

Praise

Modular

Lafayette

Newberg