

CACFP One Week Working Menu

Sponsor Name/Site Name: Head Start of Yamhill County

Month & Year: December 2025

Meal Patterns	Monday 12/8/25	Tuesday 12/9/25	Wednesday 12/10/25	Thursday 12/11/25	Friday 12/12/25
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	Yoplait Reduced Sugar Vanilla Yogurt Blueberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	WW Bagel Peaches Milk/Soy/Lactaid* Whipped Cream Cheese	Pillsbury Blueberry Mini Waffles Applesauce Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Blueberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Cheerios Bananas Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	Crispy Chicken Sandwich WW Bun Vegetable Capri Blend Pears Milk/Soy/Lactaid*	Bean Tostadas Snap Peas Apple Slices Milk/Soy/Lactaid* Salsa, Lettuce, Cheese, Tomato	Hamburger on WW Bun Carrots & Broccoli Tropical Fruit Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch/Mustard/Ketchup	Grilled Cheese Sandwich on WW bread Tomato Soup Plums Milk/Soy/Lactaid*	BYO Turkey/Cheese Sandwich WW Roundtop Bread Broccoli & Carrots Mandarin Oranges Milk/Soy/Lactaid* Lettuce/Tomato Ranch
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	String Cheese Mandarin Oranges Water	Honey Maid Graham Crackers Banana Water	Whole Grain Goldfish Orange Slices Water	GM Kix Broccoli w/ Ranch Water	String Cheese Honey Maid Graham Crackers Water

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

Center: Sheridan

MEC

Praise

Modular

Lafayette

Newberg