



## CACFP One Week Working Menu

**Sponsor Name/Site Name:** Head Start of Yamhill County

**Month & Year:** December 2025

Meal Patterns	Monday 12/15/25	Tuesday 12/16/25	Wednesday 12/17/25	Thursday 12/18/25	Friday 12/19/25
<b>Breakfast</b> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus)	Oatmeal Blueberries Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Strawberries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	GM Corn Flakes Bananas Milk/Soy/Lactaid*	Yoplait Reduced Sugar Vanilla Yogurt Mixed berries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	<b>No School</b>
<b>Lunch</b> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)	WW Spaghetti w/Lentils/beef Tropical Fruit Broccoli & Carrots Milk/Soy/Lactaid* Ranch	Beef & Bean Chili w/ Shredded Cheese WW Roundtop bread Mixed Veggies Peaches Milk/Soy/Lactaid*	Sloppy Joes on WW Bun Lentil-Beef Roasted Squash & Zucchini Watermelon Milk/Soy/Lactaid*	Teriyaki Chicken & Fried Rice Stir Fry Vegetables (Onion, peas & carrots) Orange Slices Milk/Soy/Lactaid*	
<b>PM Snack- 6 hour class</b> (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits Grains	String Cheese Mandarin Oranges Water	Goldfish Pretzel whole Grain Orange Slices Water	Whole Grain Goldfish Broccoli w/ Ranch Water	String Cheese Honey Maid Graham Crackers Water	

**Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**

**This institution is an equal opportunity provider.**

**All menu items are subject to change according to seasonality and availability.**

**All grain products are credited as whole grain rich**

Center: Sheridan

MEC

## Praise

## Modular

Lafayette

Newberg