

# CACFP One Week Working Menu

**Sponsor Name/Site Name** Head Start of Yamhill County **Month and Year** December 2025

Meal Patterns	Monday 12/1/25	Tuesday 12/2/25	Wednesday 12/3/25	Thursday 12/4/25	Friday 12/5/25
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods (Bonus)</li> </ul>	WW Roundtop Toast Turkey Sausage links Peaches Milk/Soy/Lactaid* Whipped Cream Cheese	Yoplait Reduced Sugar Vanilla Yogurt Mixed Berries Red Plate Cinnamon Granola Milk/Soy/Lactaid*	Oatmeal Blueberries Milk/Soy/Lactaid*	GM Kix Bananas Milk/Soy/Lactaid*	<b>No School</b>
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods (Bonus)</li> </ul>	Turkey Pepperoni Pizza Carrots & Broccoli Strawberries Milk/Soy/Lactaid* Ranch	Chicken Quesadilla / WW Don Pancho Tortilla Green Salad Honey Dew Milk/Soy/Lactaid* Ranch, Salsa	Teriyaki Chicken & Fried Rice Stir Fry Vegetables (Onion, peas & carrots) Apple Slices Milk/Soy/Lactaid*	WW Chicken Tenders JoJos (Potato Wedges) Orange Slices Milk/Soy/Lactaid* Ranch	
<b>PM Snack- 6 hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Whole Grain Goldfish Apple Slices Water	String Cheese Mandarin Oranges Water	Honey Maid Graham Crackers Broccoli w/ Ranch Water	Goldfish Pretzel whole Grain Carrots w/ Ranch Water	

**Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.**

**This institution is an equal opportunity provider.**

**All menu items are subject to change according to seasonality and availability.**

**All grain products are credited as whole grain rich.**

Center: Sheridan MEC Praise Modular Lafayette Newberg