

CACFP One Week Working Menu

Sponsor Name/Site Name Head Start of Yamhill County

Month and Year November 2025

Meal Patterns	Monday 11/3/25	Tuesday 11/4/25	Wednesday 11/5/25	Thursday 11/6/25	Friday 11/7/25
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	WW Round top Toast Applesauce Milk/Soy/Lactaid* Whipped cream cheese	GM Cheerios Bananas Milk/Soy/Lactaid*	Yoplait Reduced sugar Vanilla Yogurt Mixed Berries Bob's Red Mill natural granola Milk/Soy/Lactaid*	GM Kix Bananas Milk/Soy/Lactaid*	No Classes
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	Build your own Turkey/Cheese Sandwich WW bread Orange Slices Snap Peas Milk/Soy/Lactaid* Mustard/ Mayo/ Ranch	Chicken Quesadilla / WW Don Pancho Tortilla Green salad Pineapple Milk/Soy/Lactaid* Salsa, Ranch	WW Spaghetti w/Lentils/beef Honey Dew Broccoli & Cauliflower WW Toast Milk/Soy/Lactaid* Ranch	WW Chicken Tenders JoJos (Potato Wedges) Orange Slices Milk/Soy/Lactaid* Ranch	
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	GM Rice Chex Strawberries Water	Mandarin Oranges String Cheese Water	Snap Peas Honey Maid Graham Crackers Water	Whole Grain Goldfish String Cheese Water	

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg