

CACFP One Week Working Menu

Sponsor Name/Site Name Head Start of Yamhill County **Month and Year** November 2025

Meal Patterns	Monday 11/24/25	Tuesday 11/25/25	Wednesday 11/26/25	Thursday 11/27/25	Friday 11/28/25
Breakfast <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods (Bonus) 	GM Corn Flakes Pears Milk/Soy/Lactaid*	GM Rice Chex Bananas Milk/Soy/Lactaid*	NO Classes	HSYC Closed	HSYC Closed
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus) 	WW Spaghetti w/ Lentils/Beef Vegetable Capri Blend Honey Dew Melon Milk/Soy/Lactaid* Ranch	Grilled Turkey& Cheese Sandwich on WW bread Tomato Soup Tropical Fruit Milk/Soy/Lactaid*			
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits Grains 	Honey Maid Graham Crackers Peaches Water	Mandarin Oranges String Cheese Water			

Milk served is unflavored low-fat 1% milk. Soy Milk/Lactaid served as Milk Substitute Preference.

This institution is an equal opportunity provider.

All menu items are subject to change according to seasonality and availability.

All grain products are credited as whole grain rich.

Center: Sheridan MEC Praise Modular Lafayette Newberg