

CACFP One Week Menu

Head Start of Yamhill County

Week 2: 5/12-5/16

May 2025

Sponsor Name/Site Name

Meal Patterns	Monday 5/12/25	Tuesday 5/13/25	Wednesday 5/14/25	Thursday 5/15/25	Friday 5/16/25
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	GM Corn Chex Plums Milk/Soy/Lactaid*	WW Bagel w/ Cream Cheese Peaches Milk/Soy/Lactaid*	Yoplait Vanilla Yogurt WW Granola Mixed Berries Milk/Soy/Lactaid*	GM Kix Blueberries Milk/Soy/Lactaid*	WG Cheerios Bananas Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	BYO Turkey/Cheese Sandwich on WW Bread Carrots & Cauliflower Watermelon Milk/Soy/Lactaid*	Bean & Cheese Burritos on Don Poncho WW tortilla Snap Peas Apple Slices Milk/Soy/Lactaid* Salsa	Hamburger on WW Bun Broccoli & Carrots Tropical Fruit Milk/Soy/Lactaid* Cheese/Lettuce/Tomato Ranch Mustard/Ketchup	Tater Tot Casserole & WG Roll Mixed Veggies Plums Milk/Soy/Lactaid*	Crispy chicken Drumstick & WG Roll Broccoli Apple Slices Milk/Soy/Lactaid* Lettuce/Tomato Ranch
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	String Cheese Mandarin Oranges Water	WW Animal Cracker Broccoli w/ Ranch Water	GM Chex Cereal String Cheese Water	WW Animal Cracker Snap peas w/ Ranch Water	String Cheese Carrots w/ Ranch Water

Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference

Center: Sheridan MEC Praise Modular Lafayette Newberg

This institution is an equal opportunity provider

All menu items are subject to change according to seasonality and availability

All grain products are credited as whole grain rich