



# CACFP One Week Menu

Sponsor Name/Site Name

Head Start of Yamhill County

Week 4: 5/26-5/30

May 2025

Meal Patterns	Monday 5/26/25	Tuesday 5/27/25	Wednesday 5/28/25	Thursday 5/29/25	Friday 5/30/25
<b>Breakfast</b> <ul style="list-style-type: none"> <li>• Grains, or Meat/meat alternate (no more than 3 times per week)</li> <li>• Vegetables or Fruits</li> <li>• Fluid Milk</li> <li>• Other Foods (Bonus)</li> </ul>	Holiday- HSYC Closed	Yoplait Vanilla Yogurt w/ WW Granola Strawberries Milk/Soy/Lactaid*	GM Kix Bananas Milk/Soy/Lactaid*	WW Bagel w/ Cream Cheese Pears Milk/Soy/Lactaid*	GM Corn Flakes Bananas Milk/Soy/Lactaid*
<b>Lunch</b> <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits/Veg</li> <li>• Grains</li> <li>Other Foods (Bonus)</li> </ul>		Chicken Wrap on WW Tortilla w/ Shredded Cheese Lettuce, Tomato Green Salad Orange Slices Milk/Soy/Lactaid* Ranch	Chicken Quesadilla / WW Don Poncho Tortilla Watermelon Snap Peas Milk/Soy/Lactaid* Salsa Ranch	Hamburger on WW bun Green Salad Tropical Fruit Milk/Soy/Lactaid* Ranch Cheese Mustard/Ketchup	Baked Chicken Legs WW Roll Broccoli & Cauliflower Orange Slices Milk/Soy/Lactaid* Ranch/Ketchup
<b>PM Snack- 6 hour class</b> (Select two of these five components) <ul style="list-style-type: none"> <li>• Fluid Milk</li> <li>• Meat or meat alternate</li> <li>• Vegetables</li> <li>• Fruits</li> <li>Grains</li> </ul>		Carrots w/ Ranch String Cheese Water	WW Pretzels Broccoli w/ Ranch Water	String Cheese Carrots & Cauliflower Water Ranch	Graham Crackers Snap Peas Water

Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference

Center: Sheridan MEC Praise Modular Lafayette Newberg

This institution is an equal opportunity provider

All menu items are subject to change according to seasonality and availability

All grain products are credited as whole grain rich