

CACFP One Month Menu

Sponsor Name/Site Name Head Start of Yamhill County Month and Year September 2024

Meal Patterns	Monday 9/2/24	Tuesday 9/3/24	Wednesday 9/4/24	Thursday 9/5/24	Friday 9/6/24
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	Holiday- No School	GM Kix Peaches Milk/Soy/Lactaid*	WW Pancakes Applesauce Milk/Soy/Lactaid*	Yami Vanilla Yogurt Strawberries WW Granola Milk/Soy/Lactaid*	GM Cheerios Bananas Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 		Build your own Turkey/Cheese Sandwich Orange Slices Mixed Veggies Milk/Soy/Lactaid*	WW Spaghetti w/Lentils/beef Tropical Fruit Broccoli & Cauliflower WW Roll Milk/Soy/Lactaid* Ranch	Baked Chicken Legs Apple Slices Snap Peas WW Roll Milk/Soy/Lactaid*	Build your own Chicken/Cheese Sandwich WW bread Orange Slices Carrots & Cauliflower Milk/Soy/Lactaid* Ranch
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 		WW Pretzels String Cheese Water	WW Goldfish Mandarin Oranges Water	Graham Crackers Broccoli w/ ranch Water	WW Animal Crackers String Cheese Water

Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference

Center: Sheridan MEC Praise Modular Lafayette Newberg

This institution is an equal opportunity provider.