

CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- pm toddlers **Month and Year** July 2024

Meal Patterns	Monday 7/8/2024	Tuesday 7/9/2024
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)	Build your own Turkey & Cheese Sandwich on WW Bread Snap Peas Orange Slices Milk/Soy/Lactaid*	Chicken Quesadilla on Don Pancho WW Tortilla Green Salad w/ Ranch Sliced Apples Milk/Soy/Lactaid*
PM Breakfast/Snack 4 hour class & PM toddler class <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk Other Foods (Bonus)	GM Cheerios Strawberries Milk/Soy/Lactaid*	WW Bagels Peaches Milk/Soy/Lactaid* Cream Cheese

***Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference**

Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg Northside

This institution is an equal opportunity provider.

CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- Todos Sitios

Month and Year Julio 2024

Patrones de comidas	Lunes 7/8/2024	Martes 7/9/2024
<ul style="list-style-type: none"> · Leche líquida · Carne o sustituto de carne · Verduras · frutas/verduras · Granos Otros alimentos (adicionales) 	<p>Sándwich DIY con Pan Integral - Pavo Guisantes Rebanadas de Naranja Leche/Soya/Lactaid*</p>	<p>Quesadilla de Pollo en Don Pancho Tortilla Integral Ensalada Verde con Ranch Rebanadas de Manzana Leche/Soya/Lactaid*</p>
<p>Colación o desayuno para clase de 4 horas en la tarde y clase de dos años en la tarde</p> <ul style="list-style-type: none"> · Granos o carne/sustituto de carne (no más de 3 veces por semana) · Verduras o frutas · Leche líquida Otros alimentos (adicionales) 	<p>GM Cheerios Fresas Leche/Soya/Lactaid*</p>	<p>Pan de Rosquilla Integral Duraznos Leche/Soya/Lactaid* Queso Crema</p>

***La leche servida es leche al 1% baja en grasa y sin sabor. Leche de soya servida como sustituto de leche de preferencia**

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