

CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- pm toddlers **Month and Year** July 2024

Meal Patterns	Monday 7/29/24	Tuesday 7/30/24
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)	Build your own Turkey & Cheese Sandwich on WW Bread Broccoli/ Cucumbers w/ Ranch Orange Slices Milk/Soy/Lactaid*	Hamburger on WW bun Lettuce/tomato/Cheese Green Salad w/ Ranch Sliced Oranges Milk/Soy/Lactaid*
PM Breakfast/Snack 4 hour class & PM toddler class <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk Other Foods (Bonus)	GM Cheerios Strawberries Milk/Soy/Lactaid*	WW toast Applesauce Milk/Soy/Lactaid* Cream Cheese

***Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference**

Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg Northside

This institution is an equal opportunity provider.

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Patrón de Comidas	Lunes 7/29/24	Martes 7/30/24
Comida · Leche líquida · Carne o sustituto de carne · Verduras · frutas/verduras · Granos Otros alimentos (adicionales)	Sándwich DIY Pavo y Queso en Pan integral Broccoli/ Pepinos con Ranch Rebanadas de Naranja Leche/Soya/Lactaid *	Hamburguesa con Pan Integral Lechuga/tomate/Queso Ranch Rebanadas de Naranja Leche/Soya/Lactaid *
Colación o desayuno para clase de 4 horas en la tarde y clase de dos años en la tarde · Granos o carne/sustituto de carne (no más de 3 veces por semana) · Verduras o frutas · Leche líquida Otros alimentos (adicionales)	GM Cheerios Fresas Leche/Soya/Lactaid *	Pan Integral Tostado Puré de Manzana Leche/Soya/Lactaid * Queso Crema

***La leche servida es leche al 1% baja en grasa y sin sabor. Leche de soya servida como sustituto de leche de preferencia**

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