



CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- am toddler classes

Month and Year July 2024

Meal Patterns	Monday 7/22/24	Tuesday 7/23/24	Wednesday 7/24/24	Thursday 7/25/24
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	GM Cheerios Fresh Strawberries Milk/Soy/Lactaid*	Franz WW Bagels Sliced Oranges Milk/Soy/Lactaid* Cream Cheese	GM Rice Chex Bananas Milk/Soy/Lactaid*	Yami Vanilla Yogurt WG Granola Blueberries Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus) 	Build your own Turkey & Cheese Sandwich on WW Bread Green Salad w/ Ranch Peaches Milk/Soy/Lactaid*	Bean Tostadas Lettuce, Cheese, Tomato Snap Peas Sliced Apples Milk/Soy/Lactaid*	Build your own Chicken & Cheese Sandwich on WW Bread Mixed Vegetables Pineapple Milk/Soy/Lactaid*	Turkey Pepperoni & Cheese Pizza Green Salad w/ Ranch Honeydew Melon Milk/Soy/Lactaid*

Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference

Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg

This institution is an equal opportunity provider.



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Patrón de Comidas	Lunes 7/22/24	Martes 7/23/24	Miércoles 7/24/24	Jueves 7/25/24
Desayuno · Granos o carne/sustituto de carne (no más de 3 veces por semana) · Verduras o frutas · Leche líquida Otros alimentos (adicionales)	GM Cheerios Fresas Leche/Soya/Lactaid*	Fraz Rosquilla Integral Rebanadas de Naranja Leche/Soya/Lactaid* Queso Crema	Chex de Arroz Integral Plátanos Leche/Soya/Lactaid*	Yogur Yami de Vainilla Granola Integral Arrandarov Azules Leche/Soya/Lactaid*
Comida · Leche líquida · Carne o sustituto de carne · Verduras · frutas/verduras · Granos Otros alimentos (adicionales)	Sándwich DIY Pavo y Queso en Pan integral Ensalada Verde con Ranch Duraznos Leche/Soya/Lactaid*	Tostadas de Frijoles Lechuga, queso, Tomate Guisantes Rebanadas de Manzana Leche/Soya/Lactaid*	Sándwich DIY Pollo y Queso en Pan integral Vegetales Mixtos Pina Leche/Soya/Lactaid*	Pizza de Pepperoni de Pavo & Queso Ensalada Verde y Ranch Melón Verde Leche/Soya/Lactaid*

*La leche servida es leche al 1% baja en grasa y sin sabor. Leche de soya servida como sustituto de leche de preferencia

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