



CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- pm toddlers Month and Year July 2024

Meal Patterns	Monday 7/22/24	Tuesday 7/23/24
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)	Build your own Turkey & Cheese Sandwich on WW Bread Green Salad w/ Ranch Peaches Milk/Soy/Lactaid*	Bean Tostadas Lettuce, Cheese, Tomato Snap Peas Sliced Apples Milk/Soy/Lactaid*
PM Breakfast/Snack 4 hour class & PM toddler class <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk Other Foods (Bonus)	GM Cheerios Fresh Strawberries Milk/Soy/Lactaid*	Franz WW Bagels Sliced Oranges Milk/Soy/Lactaid* Cream Cheese

*Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference

Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg

This institution is an equal opportunity provider.

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Month and Year Julio 2024

Patron de Comidas	Lunes 7/22/24	Martes 7/23/24
Comida · Leche líquida · Carne o sustituto de carne · Verduras · frutas/verduras · Granos Otros alimentos (adicionales)	Sándwich DIY Pavo y Queso en Pan integral Ensalada Verde con Ranch Duraznos Leche/Soya/Lactaid *	Sándwich DIY Pavo y Queso en Pan integral Ensalada Verde con Ranch Duraznos Leche/Soya/Lactaid
Colación o desayuno para clase de 4 horas en la tarde y clase de dos años en la tarde · Granos o carne/sustituto de carne (no más de 3 veces por semana) · Verduras o frutas · Leche líquida Otros alimentos (adicionales)	GM Cheerios Fresas Leche/Soya/Lactaid**	Fraz Rosquilla Integral Rebanadas de Naranja Leche/Soya/Lactaid* Queso Crema

*La leche servida es leche al 1% baja en grasa y sin sabor. Leche de soya servida como sustituto de leche de preferencia

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