



CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- pm toddlers Month and Year July 2024

Meal Patterns	Monday 7/15/24	Tuesday 7/16/24
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains Other Foods (Bonus)	Build your own Turkey & Cheese Sandwich on WW Bread Mixed Vegetables Apple Slices Milk/Soy/Lactaid*	WW Spaghetti w/ Lentils Green Salad w/ Ranch Sliced Oranges Milk/Soy/Lactaid*
PM Breakfast/Snack 4 hour class & PM toddler class <ul style="list-style-type: none"> • Grains, or Meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk Other Foods (Bonus)	GM Kix Pears Milk/Soy/Lactaid*	WW Toast Applesauce Milk/Soy/Lactaid* Cream Cheese

*Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference

Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg Northside

This institution is an equal opportunity provider.



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Patrón de Comidas	Lunes 7/15/24	Martes 7/16/24
Comida · Leche líquida · Carne o sustituto de carne · Verduras · frutas/verduras · Granos Otros alimentos (adicionales)	Sándwich DIY Pavo y Queso en Pan integral Vegetales Mixtos Rebanadas de Manzana Leche/Soya/Lactaid *	Spaghetti Integral con Salsa de lenteja Ensalada Verde con Ranch Rebanadas de Naranja Leche/Soya/Lactaid *

*La leche servida es leche al 1% baja en grasa y sin sabor. Leche de soya servida como sustituto de leche de preferencia Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg Northside

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