

CACFP One Week Menu

Sponsor Name/Site Name Head Start of Yamhill County- W/S

Month and Year May 2024

Meal Patterns	Monday 05/27/2024	Tuesday 05/28/2024	Wednesday 05/29/2024	Thursday 05/30/2024
Breakfast <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 	Holiday-HSYC Closed	WW Toast Applesauce Milk/Soy/Lactaid* Cream Cheese	GM Cheerios Bananas Milk/Soy/Lactaid*	Yami Vanilla Yogurt WG Granola Peaches Milk/Soy/Lactaid*
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods (Bonus)		Hamburger on WW bun Lettuce/tomato/Cheese Broccoli w/Ranch Sliced Oranges Milk/Soy/Lactaid*	Chicken Tenders WW Roll Green Salad w/ Ranch Tropical Fruit Milk/Soy/Lactaid*	Bean Tostada Steamed Peas & Carrots Sliced Apples Milk/Soy/Lactaid*
PM Snack- 6 hour class (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 		String Cheese WW Goldfish Crackers Water	Apples Graham Crackers Water	Whole Grain Animal Crackers Mandarin Oranges Water
PM Breakfast/Snack 4 hour class & PM toddler class <ul style="list-style-type: none"> Grains, or Meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods (Bonus) 		WW Toast Applesauce Milk/Soy/Lactaid* Cream Cheese	GM Cheerios Bananas Milk/Soy/Lactaid*	Yami Vanilla Yogurt WG Granola Peaches Milk/Soy/Lactaid*

***Milk served is unflavored low-fat 1% milk. Soy Milk served as Milk Substitute Preference**

Center: Sheridan MEC Praise EHS McMinnville Lafayette Newberg Northside